



## 2023 Run for Hope

The 2023 Run for Hope will be taking place June 3rd at the Sir Winston Churchill Provincial Park in Lac La Biche! We are in need of volunteers, and of course participants! We have added the availability to run more than one lap around the park for those of you who want to do more than 6KM!

If you are interested in either of those things, we have all of the information available on the website:

www.roadtohope.ca

You may also get in touch with our Coordinator, Jessica Wallace, and she can give you all of the information you are looking for!

780-327-9442 | coordinator@roadtohope.ca

We hope to see you all there and thank you for your continued support of this wonderful Foundation!

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Hope is like the sun, which, as we journey toward it, casts the shadow of our burden behind us.

SAMUEL SMILES



#### **Driver Spotlight**

My name is Bill DeWeert and I am a volunteer driver for Road to Hope. I volunteer my time and receive support for the costs associated with driving the vehicle. Costs are rebated at the rates and within the policies determined by the Road to Hope Board of Directors. The generous support of our communities makes all this possible.

I generally drive between three and four trips per month. The trips are varied, whether to Cross Cancer in Edmonton, a hospital, or a Medical Clinic. Generally the trips require five or more hours of time and some days begin early in the morning. Patients are picked up at home, delivered to a designated treatment site and returned.

They are not charged for this service.

It is all for the patients.

The inconvenience of being a volunteer is minor. It is the patient, fighting the insidious diagnosis of cancer, who does the hard work. The very word cancer, strikes stress, worry and fear into anyone who receives this diagnosis. Road to Hope and the generous support of our communities can only make it possible to ease this stress. The patient is in a fight he or she must win.

You have my empathy. Fight well.

As a driver I have found many friends among the patients. This friendship, often, at times, extends beyond being a driver. I have received books from several of these friends after a discussion of mutual interest, books they knew would be of interest to me as it was related to that topic of discussion. We have stopped outside of treatment for items the patient needed, near the treatment center or near their home. They are friends.

Yes, all this is possible, but only because of the support of our communities. Local companies, organizations, many citizens and many hours of volunteer work make it so. It is all for the patients.

Thank you, supporters. Thank you volunteers.

Thank You



#### **Available Resources in Edmonton**



Wellspring Alberta is a warm and welcoming community that provides a comprehensive range of support, resources and programs so anyone living with cancer and the people who care for them can improve the quality of their lives.

Located in southwest Edmonton on the South Campus of the University of Alberta, Edmonton House offers unique workshops, classes, and individual support services for anyone living with cancer. These programs are offered at no cost and delivered by professionals and trained volunteers – many of whom have gone through their own experience with cancer.



#### **Edmonton Mennonite Guest Home**

The Edmonton Mennonite Guest Home (EMGH) is a short term, residential accommodation for patients and families of patients being treated in Edmonton's medical facilities. It is not a care facility and does not provide any level of care

#### **Riverside Compassion Home**

To provide a home away from home for families with medical needs who have to travel to Edmonton for medical treatment. We give them a place that offers comfort, compassion and support during their time of crisis. We provide continental breakfast and families are allowed to use kitchen facilities to make their own meals. Located very close to the Cross Cancer and the University of Alberta Hospital.

#### **Sorrentino's Compassion House**

At Compassion House Foundation, we have a vision to create a sanctuary of healing support. We make it our mission to support women fighting cancer by providing safe, comfortable and affordable accommodations during their cancer journey and delivering much needed programs and services post-treatment.



#### From the Community

The Lac La Biche Heritage Society approached us here at the Road to Hope to honor us with a donation to go towards our initiatives and helping Cancer patients within our Counties. Founded in 1972 they provide recreational and social needs for the senior citizens of the Lac La Biche County.

Some of the programs that they offer are Men's Coffee and Pool, a Ladies Coffee Group, Quilting, and Eat to Live, which is on every 2nd Wednesday of the month and offers affordable & nutritious meals designed for seniors.







In case you haven't heard, Angels In Motion is an extraordinary group out of Boyle who created a year-round initiative to help those in need. Tucked under the Greater Athabasca Foundation they work with community partners to fill the gaps that FCSS, the school and other groups cannot fill.

Recently they have approached us to offer a donation to go towards our trips for the clients we help.



#### From the Community Continued

#### Blue Lagoon Computers Ltd.

From needing a key cut, to everything computer related, crafts, decor and gifts, Blue Lagoon Computers in Athabasca has you covered. And they have picked us for their Personal Creations Hope Fund! From now until August 31st, they will donate the following:

- 50% of Net Hope Worm Sales
- 25% of Net Personal Creation Sales (Crochet, Diamond Dots, Water Colors & Crystal Necklaces)
- 10% of Net Avon Sales by Jason Smith

#### **PLUS**

\$1.50 per Bug Guard unit sold

#### **Manitoulin Transport**

We get so much support from all of the communities in our Service Area. We want to thank Manitoulin Transport for their continued support of the Foundation. Your donation's go towards offsetting trips for our clients, and that is pretty amazing.

#### **Generations Eye Care**

Thank-you to Generations Eye Care for their continued support! They again ran a campaign on our behalf and were able to present us with a donation to go towards getting clients to their Cancer appointments. They are staunch supporters of the community, and warriors for various causes.

#### St. Isidore Parish, Catholic Women' League | Plamondon

Thank-you so much to this fantastic group for the generous donation! You are always helping out community organizations and groups, and it never goes unnoticed. Keep up the amazing work!

#### **Quilting for Humanity**

In case you didn't know, this is a group of absolutely wonderful ladies who get together and make quilts to help out those in need. In our case, they make lap sized quilts and donate them to us to give to our clients with their first time ride comfort bags. Thank-you so much you guys!



# Out of the mountain of despair, a stone of hope.

MARTIN LUTHER KING IR.

### **Get Involved with Road to Hope**

If you or someone you know is dealing with Cancer and requires transportation assistance to their appointments, please contact our Coordinator, Jessica Wallace.

Our clients are more than welcome to have a companion accompany them if that will help make the trip more comfortable, at no charge.

The trips may be for scans, doctor visits, treatments, picking up medications, so long as it is directly related to Cancer. The trips are at no charge to the client.

If you are interested in becoming a member of the Foundation, you may reach our Treasurer, Daniela Cameron at treasurer@roadtohope.ca. The cost of joining is \$5.00 and may be payable by e-transfer to the same email address. The cost is per person, and you have to be over the age of 18.

Also, our annual AGM will be coming up in April, stay tuned for that! We are looking for people who are motivated and want to work on a team of like-minded individuals with the goal to keep this Foundation going and make a positive impact in some peoples lives.

We have ended this first quarter with just under 11,000KM driven. There were 27 trips and we are currently helping 10 clients get to their Cancer appointments. Thank-you to all of our driver's for their outstanding commitment to the Foundation and our clients.

Happy Easter!